# 2020 NMCA Annual Conference Agenda
(*subject to change)

**Friday, March 27th, 2020**

<table>
<thead>
<tr>
<th>Morning Sessions</th>
<th>Location</th>
<th>Title</th>
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<tbody>
<tr>
<td>7:30 am – 8:30 am</td>
<td></td>
<td>Registration</td>
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<tr>
<td>8:30 am – 8:45 am</td>
<td></td>
<td>Welcome and Opening Remarks</td>
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| **Keynote #1** 9:00 am – 10:30 am | Exhibitor Ballroom IV-V | Therapists' Cultural Humility: Advancing Research and Practice on Multicultural Orientation  
Presenters: Jesse Owen, PhD  
Andres Perez-Rojas PhD |
| **Session 1:** 10:45 am – 12:15 pm | Sierra Ballroom I | Counselor Self-Care- Reflections and Techniques  
Presenter: Barbara Cooper, PhD, LPCC, LPC-S |
| | Sierra Ballroom II | Implementing a Modified Therapeutic Community utilizing Matrix in a Correctional Setting at a Jail  
Presenter: Mark Boschelli, LPCC, LADAC  
Bianca Kemp, LMHC |
| | Sierra Ballroom III | Risk Assessment and The Certificate for Evaluation presented by the Mobile Crisis Team.  
Presenter: Gilbert Valdez, MA  
Michael Lucero, MS |
| | Ocotillo Meeting Room I | Cultural Competence in Working with Consensually Nonmonogamous Clients  
Presenter: Steve Ratcliff, MA, LPCC |
| | Ocotillo Meeting Room II | Ethics and Wellness Behavior: Its Effects on Therapeutic Competency  
Presenters: Mary Mayorga, PhD **(ETHICS 1.5 HOURS)** |
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Details</th>
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<tbody>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Lunch &amp; Business Meeting</td>
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<tr>
<td><strong>Session 2:</strong></td>
<td>2:00 pm – 3:30 pm</td>
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<tr>
<td>Sierra Ballroom I</td>
<td>Intensive Trauma Treatment for Adolescents and Caregiver Dyads</td>
<td>Presenters: Kate Bunch, LPCC Alexandria Floyd, LCSW</td>
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<tr>
<td>Sierra Ballroom II</td>
<td>You diagnosed me with what? When Race-based trauma results in mental health diagnoses</td>
<td>Presenter: Tanupreet Suri, LPCC Arianna Trott, LPCC</td>
</tr>
<tr>
<td>Sierra Ballroom III</td>
<td>Unburdening the Wounds of Structural Discrimination: An Internal Family Systems Approach- <strong>PART 1</strong></td>
<td>Presenter: Elaine Casquarelli, PhD, LPCC</td>
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<tr>
<td><strong>Session 3:</strong></td>
<td>3:45 pm – 5:15 pm</td>
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<tr>
<td>Sierra Ballroom I</td>
<td>Mind Body Trauma Integration: A Holistic Approach to Trauma Treatment</td>
<td>Presenters: Kate Bunch, LPCC Alexandria Floyd, LCSW</td>
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<tr>
<td>Sierra Ballroom II</td>
<td>Creating Courageous Spaces: Using the cultural humility framework for supervision</td>
<td>Presenters: Arianna Trott, LPCC Tanupreet Suri, LPCC</td>
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<tr>
<td>Sierra Ballroom III</td>
<td>Unburdening the Wounds of Structural Discrimination: An Internal Family Systems Approach- <strong>PART 2</strong></td>
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### Conference Schedule
**Saturday, March 28th, 2020**

<table>
<thead>
<tr>
<th>Morning Sessions</th>
<th>Room Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>7:30 am – 8:30 am</td>
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<tr>
<td>8:30 am – 8:45 am</td>
<td>Welcome and Opening Remarks</td>
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</table>
| **Session 1:** 8:45 am – 10:15 am | **Sierra Ballroom I** | Combating Ambiguous Loss through Group Therapy  
Presenters: Leandrea Romero-Lucero, PhD  
Ashley Pechek, PhD                         |
|                  | **Sierra Ballroom II** | Sound Baths: An Exploration of the Research and an Example of the Technique  
Presenter: Marty Holin, PhD, LMHC                                                     |
|                  | **Sierra Ballroom III** | Exploring Wealth Inequities: An Experiential Learning Activity  
Presenter: Dr. Jackie Gerstein                                                       |
<p>|                  | <strong>Ocotillo Meeting Room 1</strong> | Counselors and Clients with Disabilities: Issues with Access and Inclusion <strong>PART 1</strong> |</p>
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<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Presenter(s)</th>
<th>Topic</th>
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<tbody>
<tr>
<td>10:30 am – 12:00 pm</td>
<td>Sierraballroom I</td>
<td>Lora Smalley, LMFT, Shannon Driscoll, JD</td>
<td>Ethical Considerations for Clients Going Through Legal Processes</td>
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<td>Sierraballroom II</td>
<td>James Jordan, PhD</td>
<td>Assessment Issues &amp; Intervention Strategies with New Mexico's Native Americans</td>
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<td>(ETHICS 1.5 HOURS)</td>
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<td></td>
<td>Sierraballroom III</td>
<td>Marty Apodaca, MA, LPCC, Elena Matthews, MA</td>
<td>High Stakes and Heartbreak: Managing Anxiety around Career Uncertainty</td>
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<td>(ETHICS 1.5 HOURS)</td>
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<tr>
<td></td>
<td>Ocotillo meeting room I</td>
<td>Cathryn Glenday, MA, Clinical Psychology</td>
<td>Counselors and Clients with Disabilities: Issues with Access and Inclusion PART 2</td>
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<td>(ETHICS 1.5 HOURS)</td>
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<td></td>
<td>Ocotillo meeting room II</td>
<td>Joshuah Ellis, MS Counseling Psychology, Cody Curbo, MEd</td>
<td>Men's Issues In Counseling: Practical and Ethical Approaches</td>
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<td>(ETHICS 1.5 HOURS)</td>
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<tr>
<td>12:00 pm – 1:30 pm</td>
<td>Exhibitor Ballroom IV-V</td>
<td>Lunch</td>
<td>a. First 30 minutes for lunch</td>
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<td>b. Managing Your Crazy Self! An Integrated Solution-Focused Model</td>
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<td>Presenters: Rick Ertell, EdD, LPC-S, Randy Guttenberger, BBA (1 hour CE)</td>
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<tr>
<td>1:30 pm – 1:55 pm</td>
<td>Ocotillo meeting room II</td>
<td>Division Meetings:</td>
<td>New Mexico Mental Health Counselors Association (NMMHCA)</td>
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<tr>
<td>Room</td>
<td>Association/Issue</td>
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<tr>
<td>Ocotillo Meeting Room I</td>
<td>New Mexico Career Development Association (NMCDA)</td>
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<tr>
<td>Sierra Ballroom I</td>
<td>New Mexico Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (NMALGBTIC)</td>
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<tr>
<td>Sierra Ballroom II</td>
<td>New Mexico Association of Spiritual, Ethical, &amp; Religious Issues in Counseling (NMASERVIC)</td>
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<tr>
<td>Sierra Ballroom III</td>
<td>New Mexico School Counselors Association (NMSCA)</td>
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### Session 3: 2:00 - 3:30 pm

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<tr>
<th>Room</th>
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| Sierra Ballroom I    | Effects of Social Media on Adolescent Sexuality  
Presenter: Debra Perez, MA, LPCC, SCPG                                                          |
| Sierra Ballroom II   | Animal Companions and Counseling: Clinical Considerations in the Human-Animal Bond  
Presenters: Christopher Blazina, PhD  
Elizabeth Harvey, MA, LMHC                                                                         |
| Sierra Ballroom III  | Polycystic Ovary Syndrome: Counseling Strategies to Work with Marginalized Females  
Presenters: Janet Hicks, PhD, LPC  
Yvette Castillo, PhD, LPC                                                                           |
| Ocotillo Meeting Room I | Size Diversity and Weight Inclusivity  
Presenter: Jennifer Cook, LPCC                                                                     |
| Ocotillo Meeting Room II | Supervision of Counselors  
Presenter: Bryan Moffitt, PhD, JD, LPCC  
*(SUPERVISION 1.5 HOURS)*                                                                         |

### Keynote #2 3:45 pm – 5:15 pm

<table>
<thead>
<tr>
<th>Room</th>
<th>Presentation</th>
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| Exhibitor Ballroom IV-V | Ecotherapy in the Office: Incorporating Nature in Counseling  
Presenters: Christopher Blazina, PhD  
Elizabeth Harvey, MA, LMHC                                                                          |

### 5:15 pm – 5:45 pm

<table>
<thead>
<tr>
<th>Room</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Garden Room</td>
<td>Sign Out and Collection of Tracking Sheets</td>
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