

**2020 NMCA Annual Conference Agenda  
(\*subject to change)**

**Friday, March 27th, 2020**

<b>Morning Sessions</b>	<b>Location</b>	<b>Title</b>
7:30 am – 8:30 am		<b>Registration</b>
8:30 am – 8:45 am		<b>Welcome and Opening Remarks</b>
<b>Keynote #1</b> 9:00 am – 10:30 am	<b>Exhibitor Ballroom IV-V</b>	Therapists' Cultural Humility: Advancing Research and Practice on Multicultural Orientation Presenters: Jesse Owen, PhD Andres Perez-Rojas PhD
<b>Session 1:</b> 10:45 am – 12:15 pm	<b>Sierra Ballroom I</b>	Counselor Self-Care- Reflections and Techniques Presenter: Barbara Cooper, PhD, LPCC, LPC-S
	<b>Sierra Ballroom II</b>	Implementing a Modified Therapeutic Community utilizing Matrix in a Correctional Setting at a Jail Presenter: Mark Boschelli, LPCC, LADAC Bianca Kemp, LMHC
	<b>Sierra Ballroom III</b>	Risk Assessment and The Certificate for Evaluation presented by the Mobile Crisis Team. Presenter: Gilbert Valdez, MA Michael Lucero, MS
	<b>Ocotillo Meeting Room I</b>	Cultural Competence in Working with Consensually Nonmonogamous Clients Presenter: Steve Ratcliff, MA, LPCC
	<b>Ocotillo Meeting Room II</b>	Ethics and Wellness Behavior: Its Effects on Therapeutic Competency Presenters: Mary Mayorga, PhD <b>(ETHICS 1.5 HOURS)</b>

12:30 pm – 2:00 pm		<b>Lunch &amp; Business Meeting</b>
<b>Session 2:</b> 2:00 pm – 3:30 pm	<b>Sierra Ballroom I</b>	Intensive Trauma Treatment for Adolescents and Caregiver Dyads Presenters: Kate Bunch, LPCC Alexandria Floyd, LCSW
	<b>Sierra Ballroom II</b>	You diagnosed me with what? When Race-based trauma results in mental health diagnoses Presenter: Tanupreet Suri, LPCC Arianna Trott, LPCC
	<b>Sierra Ballroom III</b>	Unburdening the Wounds of Structural Discrimination: An Internal Family Systems Approach- <b>PART 1</b> Presenter: Elaine Casquarelli, PhD, LPCC
	<b>Ocotillo Meeting Room I</b>	Cultural Humility: Assisting Career Practitioners in Being Open and Humble with Diverse Clients Presenter: Marty Apodaca, MA, LPCC
	<b>Ocotillo Meeting Room II</b>	Negotiating Ethical Concerns in Group Counseling Presenter: Marty Holin, PhD, LMHC <b>(ETHICS 1.5 HOURS)</b>
<b>Session 3:</b> 3:45 pm – 5:15 pm	<b>Sierra Ballroom I</b>	Mind Body Trauma Integration: A Holistic Approach to Trauma Treatment Presenters: Kate Bunch, LPCC Alexandria Floyd, LCSW
	<b>Sierra Ballroom II</b>	Creating Courageous Spaces: Using the cultural humility framework for supervision Presenters: Arianna Trott, LPCC Tanupreet Suri, LPCC <b>(SUPERVISION 1.5 HOURS)</b>
	<b>Sierra Ballroom III</b>	Unburdening the Wounds of Structural Discrimination: An Internal Family Systems Approach- <b>PART 2</b>

		Presenter: Elaine Casquarelli, PhD, LPCC
	<b>Ocotillo Meeting Room I</b>	The Influence of Buddhist Psychology on Mindfulness in the Counseling Profession Presenter: Cody Dickson, PhD, LPC-S
	<b>Ocotillo Meeting Room II</b>	Outside the Binary: A Primer on Non-Binary Gender Identities Presenter: Lacey Stewart, MS, LPCC
5:15 pm – 6:00 pm		<b>Sign Out and Collection of Tracking Sheets</b>
5:15 pm – 8:00 pm		<b>NMCA Social Gathering</b>

**Conference Schedule  
Saturday, March 28<sup>th</sup>, 2020**

<b>Morning Sessions</b>	<b>Room Name</b>	<b>Title</b>
7:30 am – 8:30 am		<b>Registration</b>
8:30 am – 8:45 am		<b>Welcome and Opening Remarks</b>
<b>Session 1:</b> 8:45 am – 10:15 am	<b>Sierra Ballroom I</b>	Combating Ambiguous Loss through Group Therapy Presenters: Leandrea Romero-Lucero, PhD Ashley Pechek, PhD
	<b>Sierra Ballroom II</b>	Sound Baths: An Exploration of the Research and an Example of the Technique Presenter: Marty Holin, PhD, LMHC
	<b>Sierra Ballroom III</b>	Exploring Wealth Inequities: An Experiential Learning Activity Presenter: Dr. Jackie Gerstein
	<b>Ocotillo Meeting Room 1</b>	Counselors and Clients with Disabilities: Issues with Access and Inclusion <b>PART 1</b>

		Presenter: Cathryn Glenday MA, Clinical Psychology
	<b>Ocotillo Meeting Room II</b>	Ethical Considerations for Clients Going Through Legal Processes Presenters: Lora Smalley, LMFT Shannon Driscoll, JD <b>(ETHICS 1.5 HOURS)</b>
<b>Session 2:</b> 10:30 am – 12:00 pm	<b>Sierra Ballroom I</b>	Microaggressions: "Death by a Thousand Cuts" Presenters: Kumudu Witanapatirana, MEd Serena Sosa, MS Counseling Psychology
	<b>Sierra Ballroom II</b>	Assessment Issues & Intervention Strategies with New Mexico's Native Americans Presenter: James Jordan, PhD
	<b>Sierra Ballroom III</b>	High Stakes and Heartbreak: Managing Anxiety around Career Uncertainty Presenters: Marty Apodaca, MA, LPCC Elena Matthews, MA
	<b>Ocotillo Meeting Room I</b>	Counselors and Clients with Disabilities: Issues with Access and Inclusion <b>PART 2</b> Presenter: Cathryn Glenday, MA, Clinical Psychology
	<b>Ocotillo Meeting Room II</b>	Men's Issues In Counseling: Practical and Ethical Approaches Presenters: Joshua Ellis MS Counseling Psychology Cody Curbo MEd <b>(ETHICS 1.5 HOURS)</b>
12:00pm-1:30pm	<b>Exhibitor Ballroom IV-V</b>	Lunch a. First 30 minutes for lunch b. Managing Your Crazy Self! An Integrated Solution-Focused Model Presenters: Rick Ertell, EdD, LPC-S Randy Guttenberger, BBA (1 hour CE)
1:30 pm – 1:55 pm	<b>Ocotillo Meeting Room II</b>	<b>Division Meetings:</b> New Mexico Mental Health Counselors Association (NMMHCA)

	<b>Ocotillo Meeting Room I</b>	New Mexico Career Development Association (NMCDA)
	<b>Sierra Ballroom I</b>	New Mexico Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (NMALGBTIC)
	<b>Sierra Ballroom II</b>	New Mexico Association of Spiritual, Ethical, & Religious Issues in Counseling (NMASERVIC)
	<b>Sierra Ballroom III</b>	New Mexico School Counselors Association (NMSCA)

<b>Session 3:</b> 2:00 - 3:30 pm	<b>Sierra Ballroom I</b>	Effects of Social Media on Adolescent Sexuality Presenter: Debra Perez, MA, LPCC, SCPG
	<b>Sierra Ballroom II</b>	Animal Companions and Counseling: Clinical Considerations in the Human-Animal Bond Presenters: Christopher Blazina, PhD Elizabeth Harvey, MA, LMHC
	<b>Sierra Ballroom III</b>	Polycystic Ovary Syndrome: Counseling Strategies to Work with Marginalized Females Presenters: Janet Hicks, PhD, LPC Yvette Castillo, PhD, LPC
	<b>Ocotillo Meeting Room I</b>	Size Diversity and Weight Inclusivity Presenter: Jennifer Cook, LPCC
	<b>Ocotillo Meeting Room II</b>	Supervision of Counselors Presenter: Bryan Moffitt, PhD, JD, LPCC <b>(SUPERVISION 1.5 HOURS)</b>
<b>Keynote #2</b> 3:45 pm – 5:15 pm	<b>Exhibitor Ballroom IV-V</b>	Ecotherapy in the Office: Incorporating Nature in Counseling Presenters: Christopher Blazina, PhD Elizabeth Harvey, MA, LMHC
5:15 pm – 5:45 pm	Garden Room	<b>Sign Out and Collection of Tracking Sheets</b>